

Bullying is meanness that is . . .

- Not provoked
- An intent to harm
- An imbalance of power
- On purpose - It is not an accident
- Enjoyed by the perpetrator
- Repeated, systematic

People who bully can be

- Confident (Clever)
- Anxious (not-clever)
- Bully/Victims

People who bully can work alone
or in groups

They can come on strong:

- physical abuse
- verbal abuse
- menacing
- sexual harassment

People who bully can work alone Or in groups

They can be less direct or emotional:

- Making faces or obscene gestures
- Excluding people from groups or activities
- Spreading rumors
- Posting lies or private information on the internet
- Sending messages that insult or threaten

Social Scheming and Technobullying

- Mean Girls
 - Elementary: “If you won’t do what I say, I won’t be your friend.”
 - Middle: Gossip-phone calls, online communication, note passing
 - Adolescence: Rumor spreading, moral negotiations, and strategic interactions to inflict social harm

Social Scheming and Techno-bullying

- Modern Technology
 - Instant Messaging
 - Three-way Calling Attacks
 - Blogging
 - On-line insults or threats
 - On-line impersonation
 - Etc.,
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Distinctive Characteristics of Bullies

- Aggressive toward peers and sometimes adults
- Lack empathy; find it hard to see a situation from the other person's vantage point
- Have an atypical positive attitude toward violence
- Are impulsive, lack foresight—that is, the ability to consider the short-term, long-term, and possible unintended consequences of their current behaviors
- Have a sense of entitlement; they like to use other people to get what they want
- Are self-absorbed; are concerned only with their own wants and pleasures and not the needs, rights and feelings of others

Distinctive Characteristics of Bullies (continued)

- Crave attention
- Are manipulative toward others
- Are predatory (view weaker peers as “prey”) Bullying is also know as predatory aggression
- Tend to hurt other children when adults or parents are not around
- Refuse to take responsibility for their actions, blame others
- Are intolerant of differences
- Have a strong need to dominate others

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Early Warning Signs/Phases

- Phase One - Trolling
- Phase Two - Campaign
- Phase Three - Bully-Victim Relationship

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10. Bullying is not a legal issue, it's a character issue.

Four Markers of Bullying

- **Imbalance of Power**
Older, bigger, stronger, more verbally adept, or several kids banded together
- **Intent to Harm**
Bully means to inflict emotional and/or physical pain; it is not an accident
- **Threat of Further Aggression**
Both the bully and the bullied know that the bullying can and probably will occur again

